
Access to Care

Healthy Kansans 2010

Steering Committee Meeting

May 12, 2005

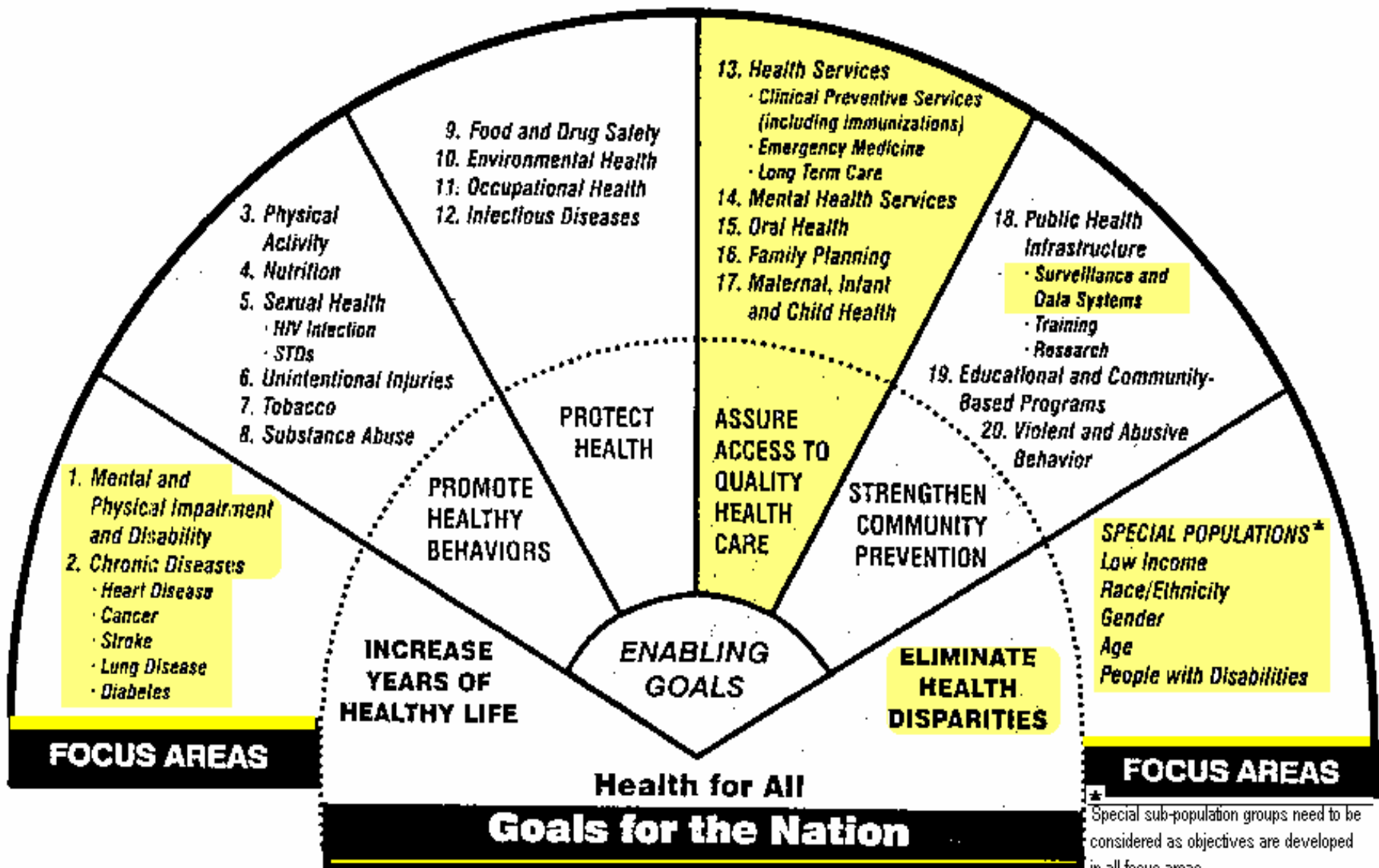
Is Access Assurance a Public Health Responsibility?

Link people to needed personal health services and assure the provision of health care when otherwise unavailable

- *Enroll eligible individuals in publicly funded programs including Medicaid, HealthWave, and Medicare.*
- *Provide care directly through public clinics and federally qualified health centers*

Vision of 2010

Healthy People in Healthy Communities



Definition of Access

ACCESS is shorthand for a broad set of concerns that center on the degree to which individuals and groups are able to obtain needed services from the health care delivery system.

Access is the timely use of personal, public, and preventive health services to achieve the best possible health outcomes.

Defining the Concept

- Access is more than insurance coverage and geographic availability of physicians, dentists or hospitals
- For example, increased Medicaid eligibility for pregnant woman and infants, or increased health insurance coverage for working families may result in less than anticipated benefits.
- Even with sufficient health workforce, expanded coverage may not translate increased eligibility for services into appropriate use of services.

Model of Access to Care

Outcomes

Barriers

- **Structural**
 - Availability
 - How organized
 - Transportation
- **Financial**
 - Insurance coverage
 - Reimbursement rates
 - Public support
- **Personal**
 - Acceptability
 - Education / income
 - Cultural or language
 - Attitudes / values

Person in need of personal health care services

Use of Services

Visits
Procedures

Mediators

Appropriateness

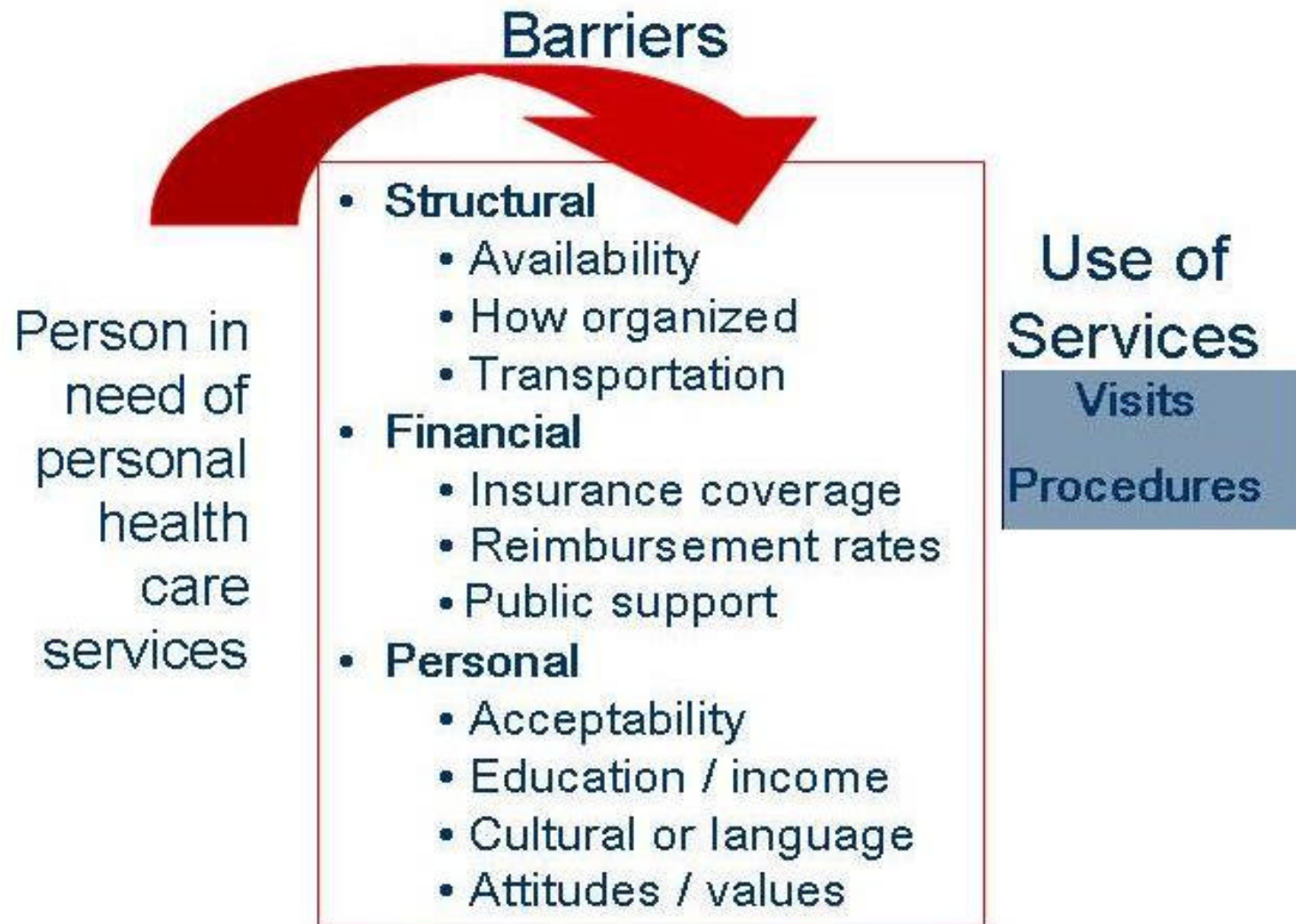
- Efficacy of treatment
- Quality of providers
- Patient adherence

Health Status

- Mortality
- Morbidity
- Well-being
- Functioning

Equity of Services

Model of Access to Care



Model of Access to Care

Outcomes

Health Status

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Procedures

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Appropriateness

- Efficacy of treatment
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Health Literacy

Language Proficiency

Cultural Familiarity

Data Elements

- Insurance rates (10.5% to 15.2% uninsured)
- Coverage by public medical plans (23%)
- Eligibility for categorically funded programs
- Health care professional supply and location
- Accessibility of services
 - financial access to private providers
 - availability of safety-net providers
- Health system utilization rates
- Personal health outcomes

Rates of Uninsurance

Uninsured Kansans under Age 65, Statewide and by Region

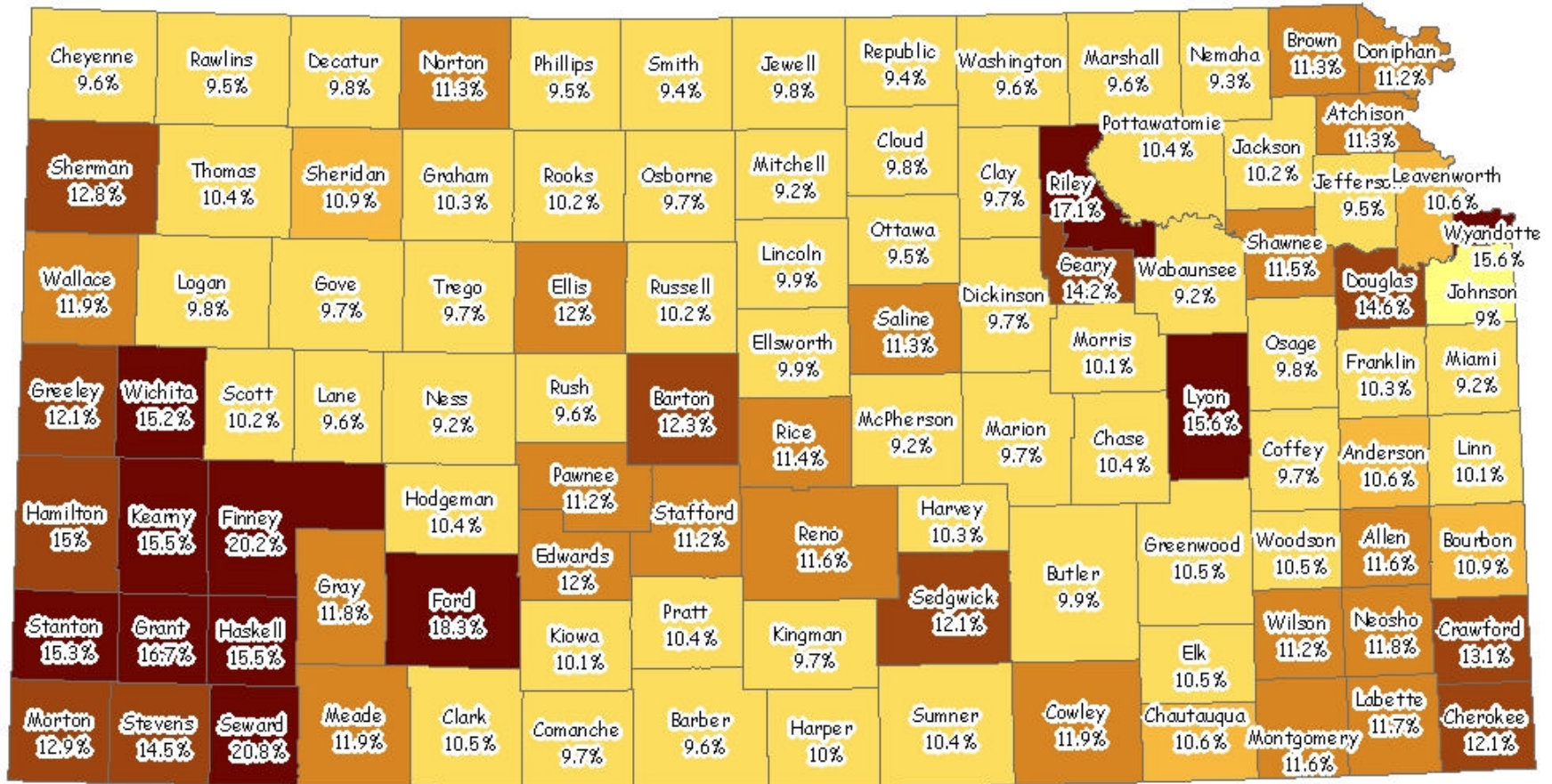
| Percent Uninsured by Region (2001) | |
|------------------------------------|------|
| Kansas | 10.5 |
| Region 1 | 16.4 |
| Region 2 | 5.4 |
| Region 3 | 9.3 |
| Region 4 | 6.7 |
| Region 5 | 12.8 |
| Region 6 | 11.5 |
| Region 7 | 10.9 |
| Region 8 | 9.9 |
| Region 9 | 9.4 |
| Region 10 | 16.8 |



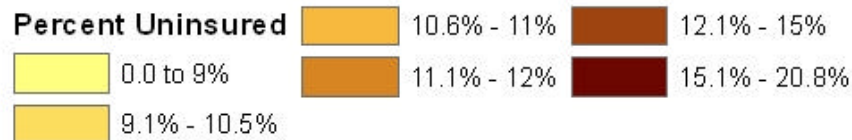
Kansas Department of Insurance

2001 Report <http://www.ksinsurance.org/index.php?id=0185>

Percent Uninsured by County Under Age 65 Population



The Lewin Group, 3130 Fairview Park Dr., Suite 800
 Falls Church, VA 22042. February 2003



Statewide: 15.2%

Insurance by Source

| Population Distribution by Insurance Status, state data 2002-03, U.S. 2003 | | | | |
|---|------------------|-----------------|--------------------|-----------------|
| | KS # | KS % | US # | US % |
| Employer | 1,582,610 | 60 | 156,270,570 | 54 |
| Individual | 168,260 | 6 | 13,593,990 | 5 |
| Medicaid | 293,560 | 11 | 38,352,430 | 13 |
| Medicare | 326,290 | 12 | 34,190,710 | 12 |
| Uninsured | 287,300 | 11 | 44,960,710 | 16 |
| Total | 2,658,010 | 100 | 287,368,410 | 100 |

Sources: Urban Institute and Kaiser Commission on Medicaid and the Uninsured estimates based on pooled March 2003 and 2004 Current Population Surveys.

<http://www.statehealthfacts.org/cgi-bin/healthfacts.cgi>

Uninsured by Age

Kansas: Distribution of Nonelderly Uninsured by Age, state data 2002-2003 U.S. 2003

| | KS | KS | US | US |
|-----------------|---------|-----|------------|-----|
| | # | % | # | % |
| Children 18 and | 53,960 | 19 | 9,134,360 | 20 |
| Adults 19-64 | 232,140 | 81 | 35,539,940 | 80 |
| Total | 286,100 | 100 | 44,674,300 | 100 |

Sources: Urban Institute and Kaiser Commission on Medicaid and the Uninsured estimates based on pooled March 2003 and 2004 Current Population Surveys.

Uninsured by Race and Ethnicity

Distribution of Nonelderly Uninsured by Race/Ethnicity, state data 2002-2003, U.S. 2003

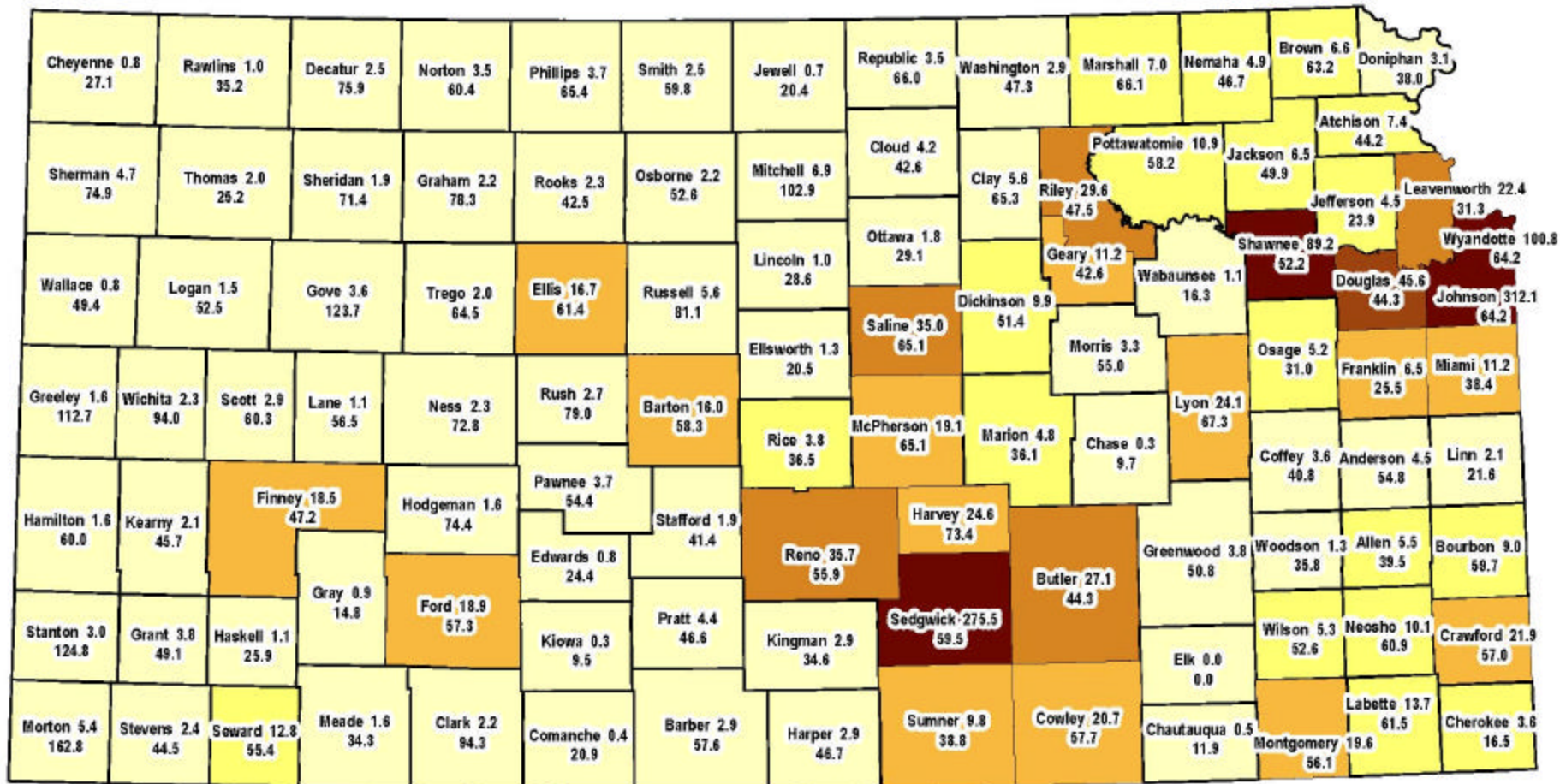
| | KS # | KS % | % Pop KS | US # | US % | % Pop US |
|-----------------|-----------------|-----------------|---------------------|-------------------|-----------------|---------------------|
| White | 186,220 | 65 | 85 | 21,483,620 | 48 | 75 |
| Black | 25,870 | 9 | 6 | 6,728,410 | 15 | 12 |
| Hispanic | 48,870 | 17 | 7 | 13,118,700 | 29 | 12 |
| Other | 25,150 | 9 | 2 | 3,343,570 | 7 | 10 |
| Total | 286,100 | 100 | --- | 44,674,300 | 100 | --- |

Sources: Urban Institute and Kaiser Commission on Medicaid and the Uninsured estimates based on pooled March 2003 and 2004 Current Population Surveys.

Access and Workforce

- Adequate health care professional supply
- Equitable geographic distribution
- Accessibility of services
 - financial access to private providers
 - availability of safety-net providers
- Effectiveness and quality of services

Primary Care Physicians Per 100,000 Population 2003



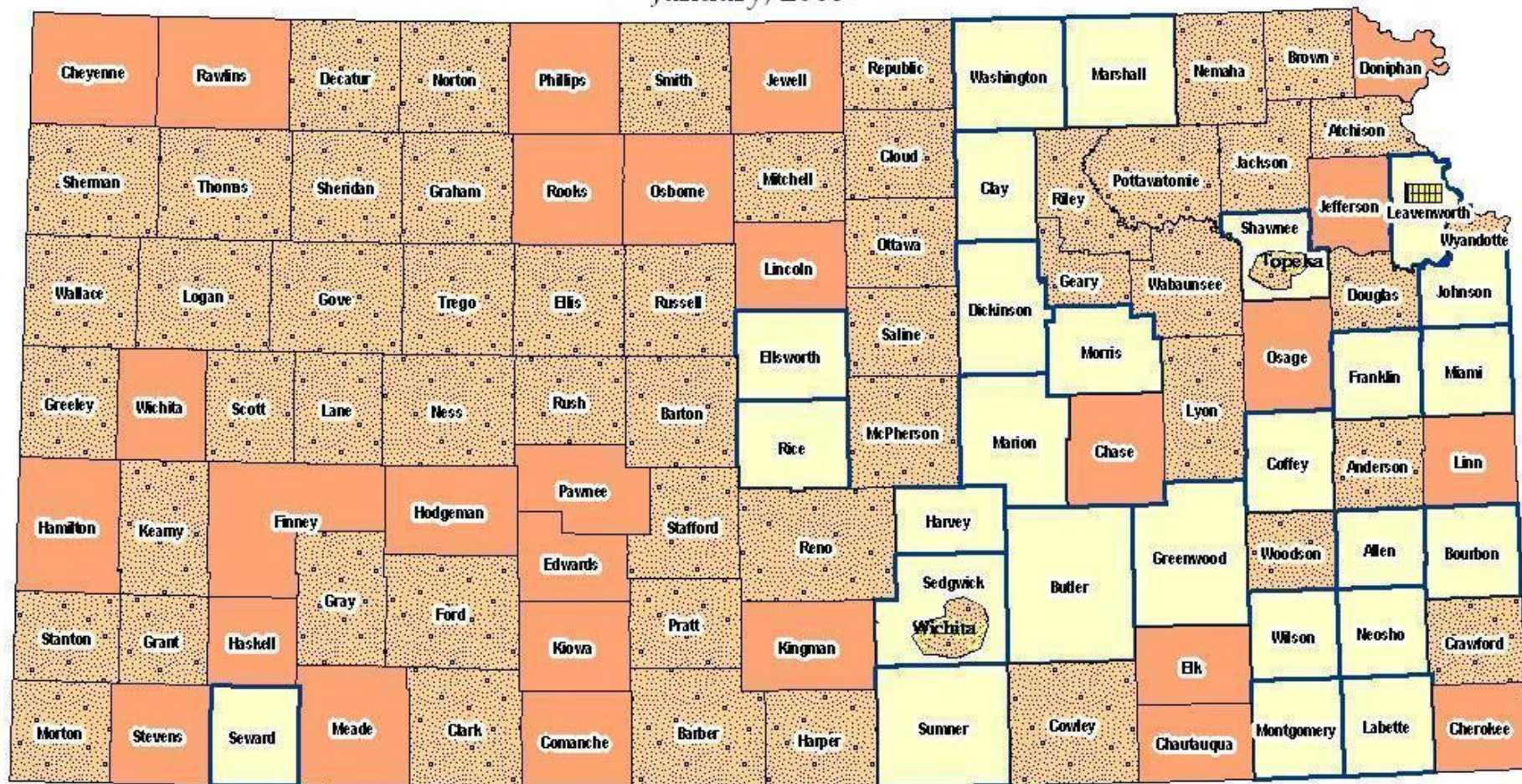
Optimal 60/100,000

County with Total FTE
Rate: Physicians /100,000 Population

County Population



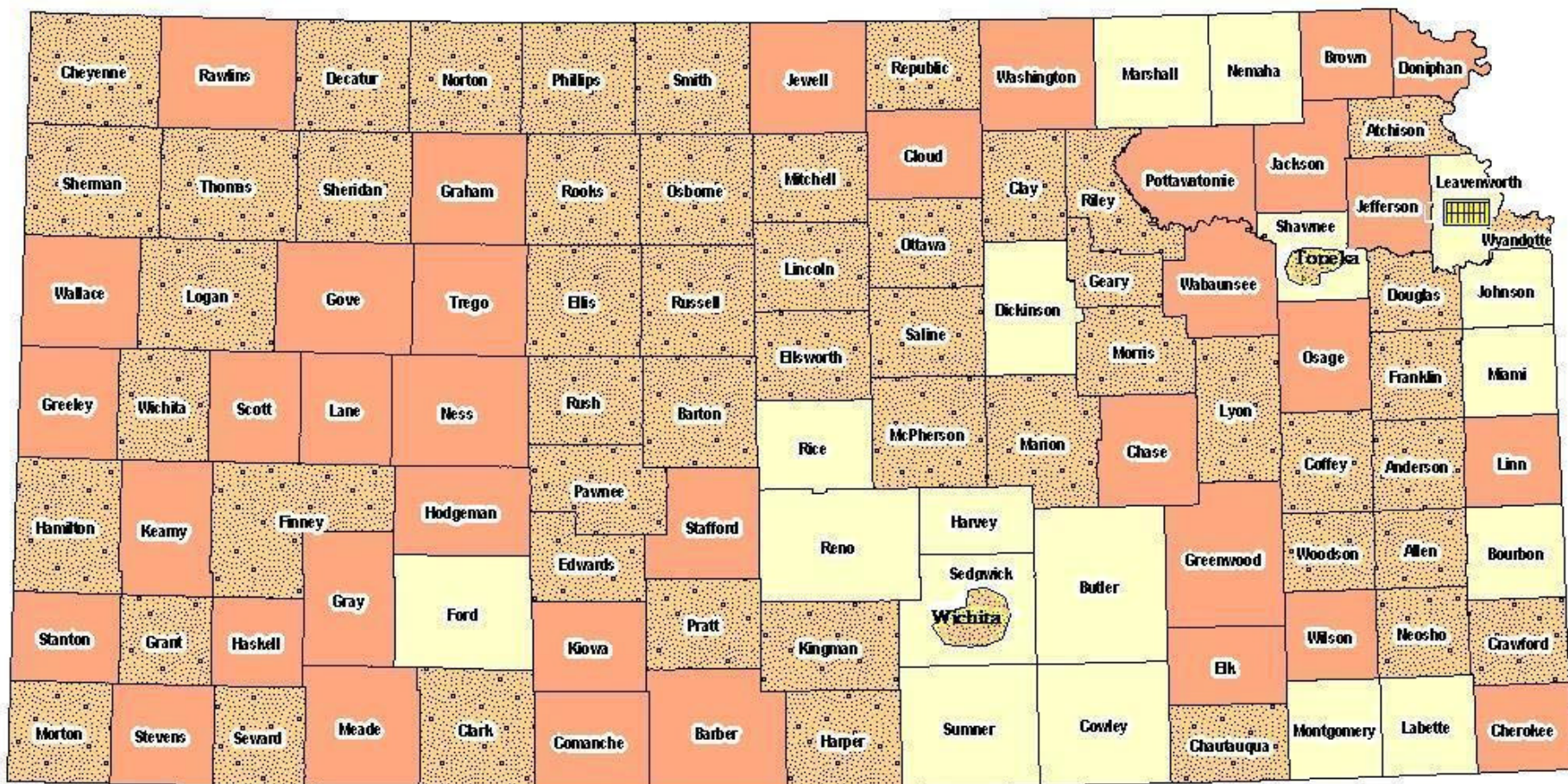
Kansas Department of Health and Environment
 Office of Local and Rural Health
 Primary Care HPSAs
 January, 2005



HPSAs

- Whole County (Geographic)
- Not designated
- Low-Income Population
- US Penitentiary Facility HPSA
- City Only (Low-Income Population)

Kansas Department of Health and Environment
 Office of Local and Rural Health
 Dental HPSAs
 January, 2005



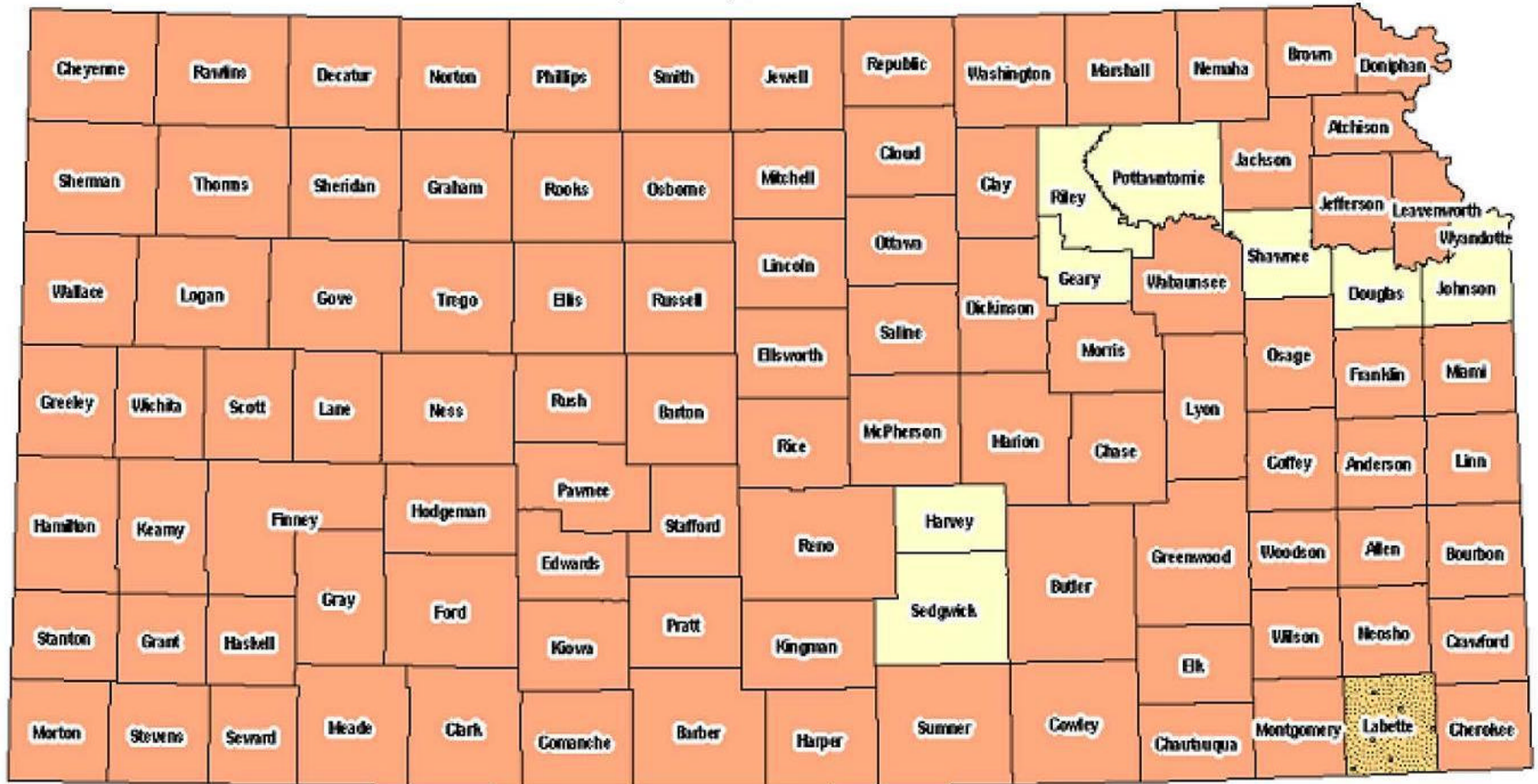
HPSAs Whole County (Geographic) Low-Income Population Not designated

Kansas Department of Health and Environment

Office of Local and Rural Health

Mental Health HPSAs

January, 2005



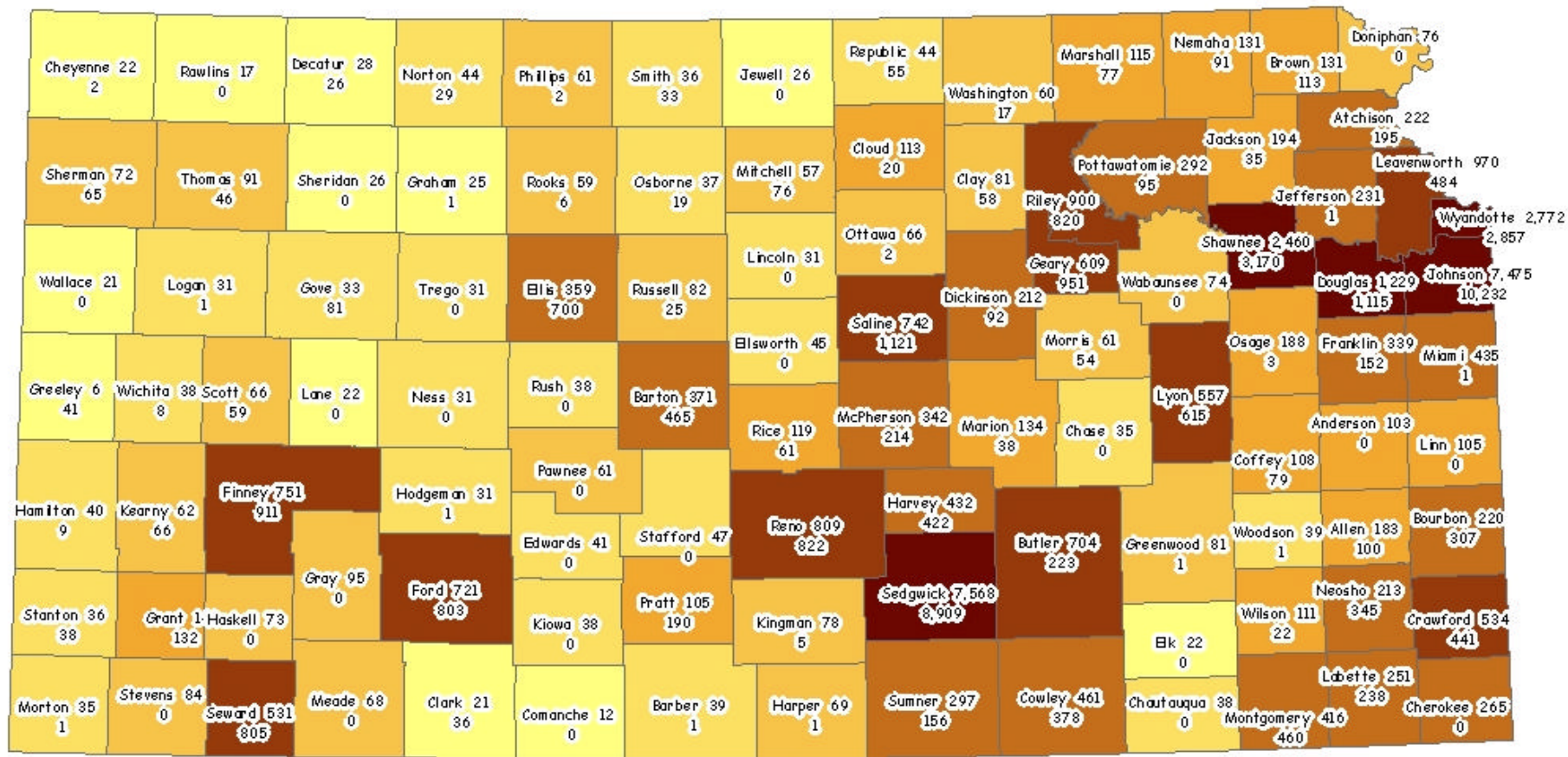
- Geographic HPSA
- Low-Income Population HSPA
- Not Designated

Linking Workforce to Access

EXAMPLE: Prenatal Care Access as an indicator for adequacy of primary care access

- Data source: birth certificates
- Physician survey
- Full-time equivalency (FTE) assessment
- Specialist distribution
- Hospital discharge data

Births by County of Residence 2003



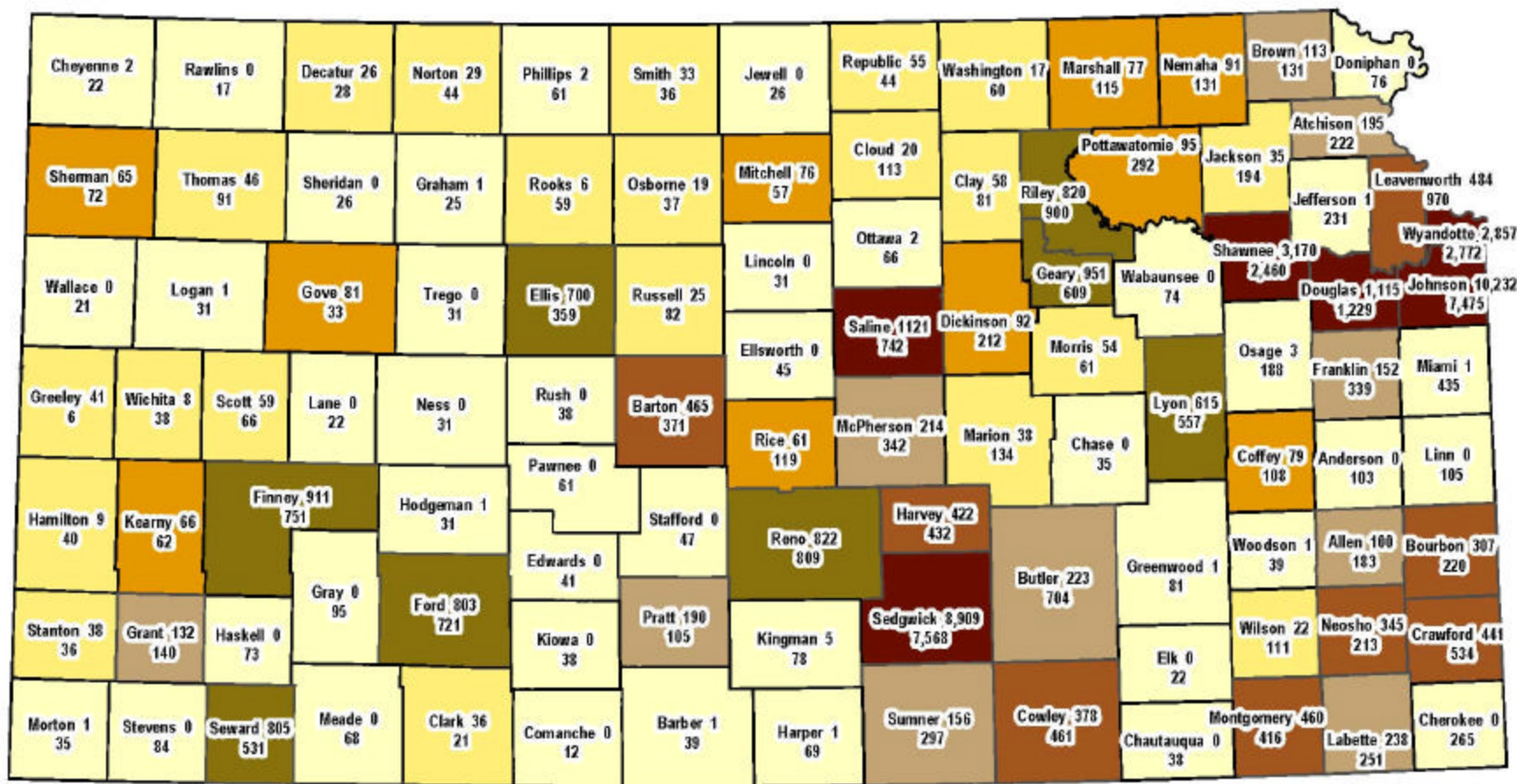
**County of Residence - Births to Residents
Deliveries Occuring in the Home County**

Shaded by Number Total Births

- 6 - 29 Births
- 30 - 49 Births

- 50 - 99 Births
- 100 - 199 Births
- 200 - 499 Births
- 500 - 999 Births
- 1,000 - 7,568 Births

Live Birth Deliveries by County of Service 2003

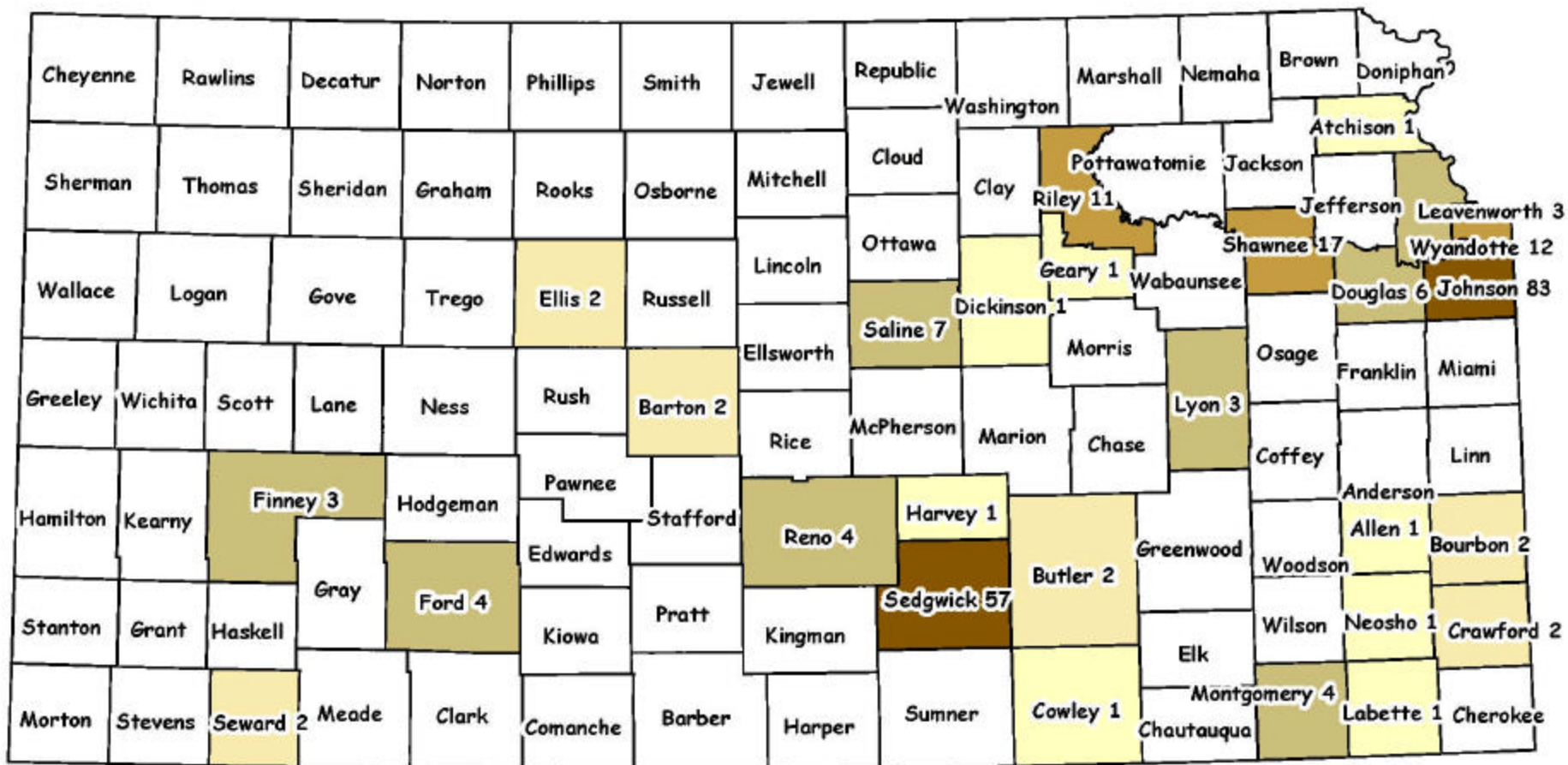


Live Births by Location of Delivery

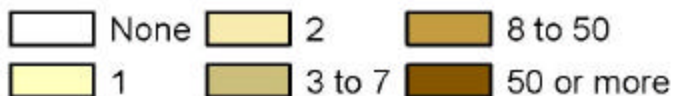
County Name : # Deliveries in County
Births to Residents of County



Obstetricians by County 2003

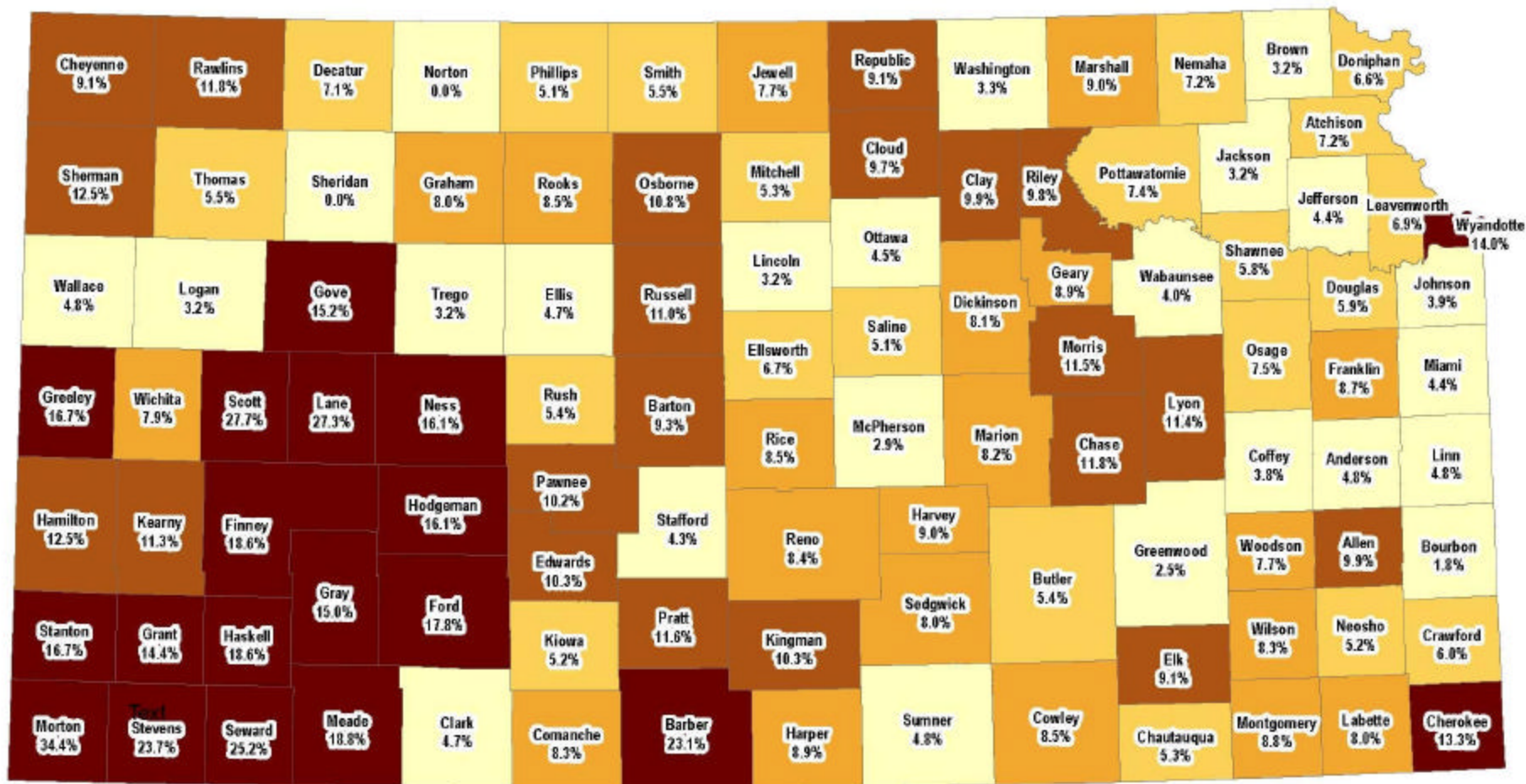


Number of Obstetricians by County

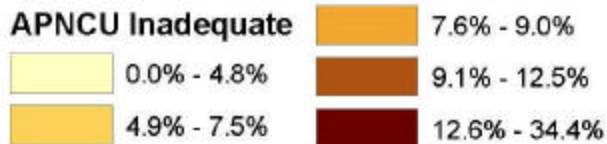


Percent Inadequate Prenatal Care Access - 2003

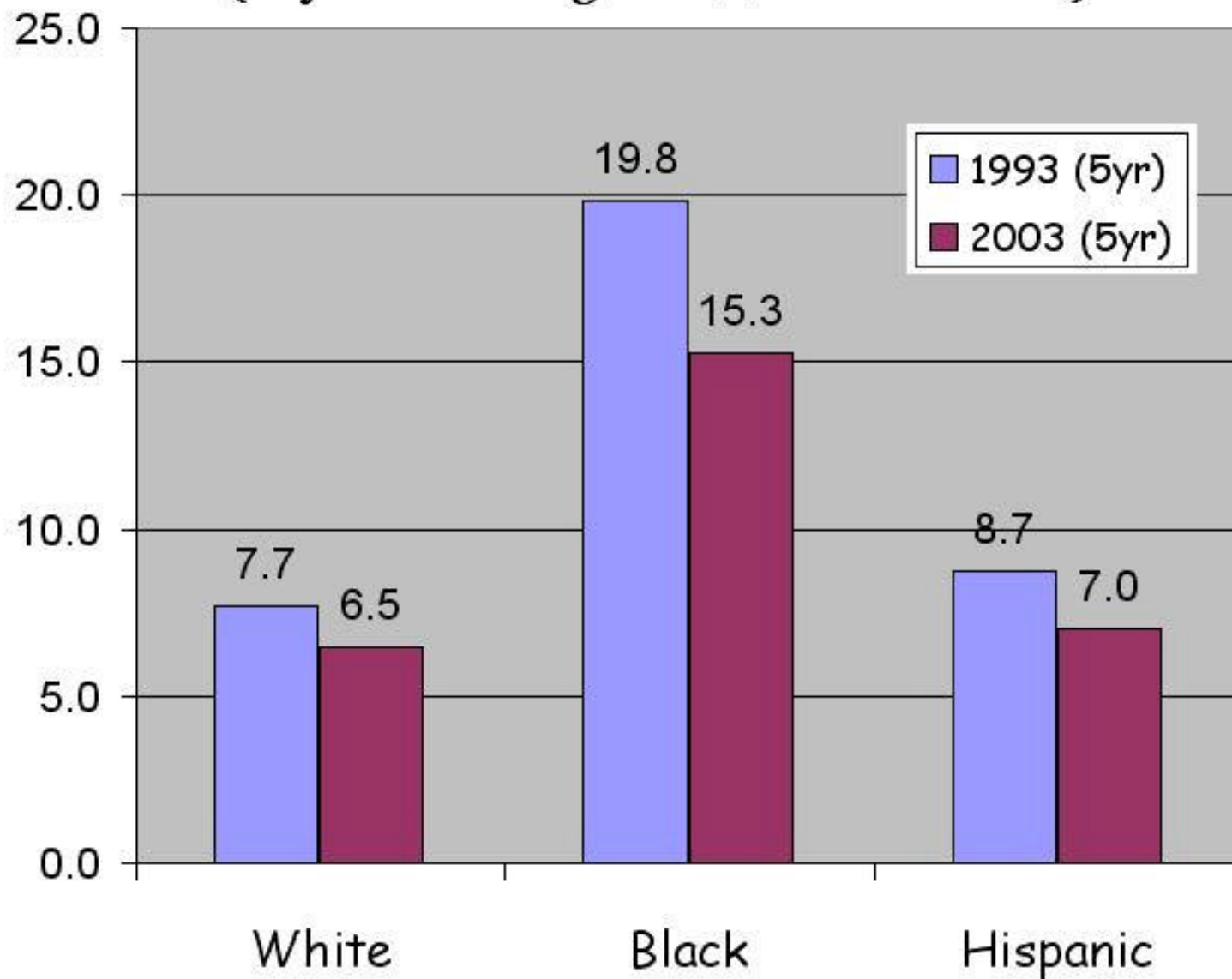
from Adequacy of Prenatal Care Utilization (APNCU) Index



Access to Prenatal Care



Infant Mortality Rates (5 year averages 1993 and 2005)



Monitoring Population Health and Disparities

QUALITY OF CARE should not differ because of such characteristics as:

- Gender
- Race
- Age
- Ethnicity
- Income
- Education
- Sexual orientation or
- Place of residence
- Other Special Populations

“Crossing the Quality Chasm” IOM, 2001

Identifying Goals and Gaps

- Urban Rural differences persist
- Racial, ethnic and income disparities exist
- The workforce does not represent proportionally the population it is expected to serve
- An ageing workforce may not be replaced with an adequate supply of new health professionals now in training
- Federal Medicaid cuts may force states to reduce benefits or limit eligibility

What shall we do?



National Objectives

*Strategy 1: Eliminate
Barriers to Care*

*Strategy 2: Eliminate
Health Disparities*

**GOAL:
100% ACCESS
&
0 DISPARITIES**

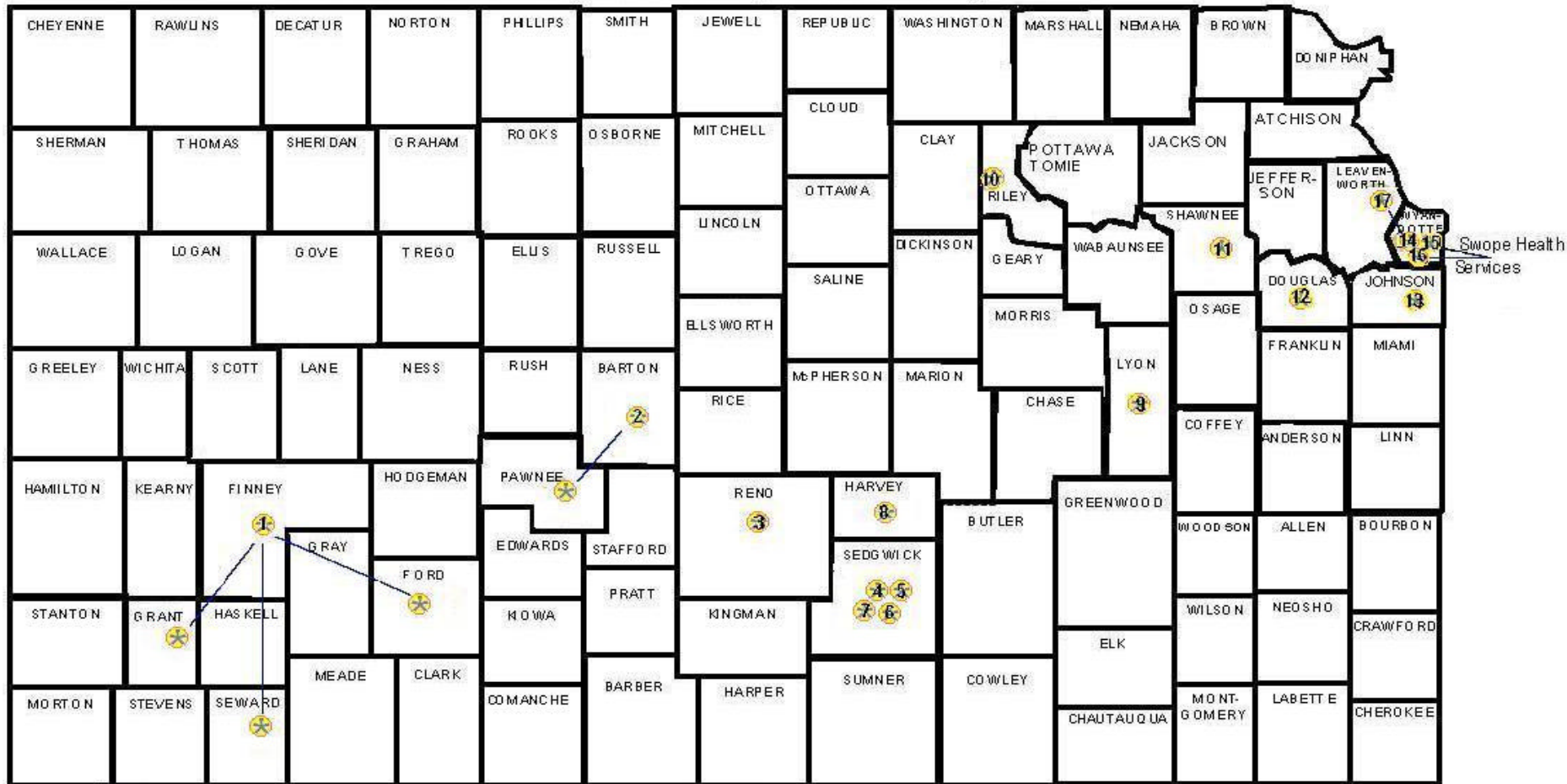
*Strategy 3: Assure
Quality of Care*

*Strategy 4: Improve
Public Health and
Health Care Systems*

Primary Care Clinics

2005 Primary Care Clinic Grant Recipients

State-Funded Community-based Primary Care Clinic Program



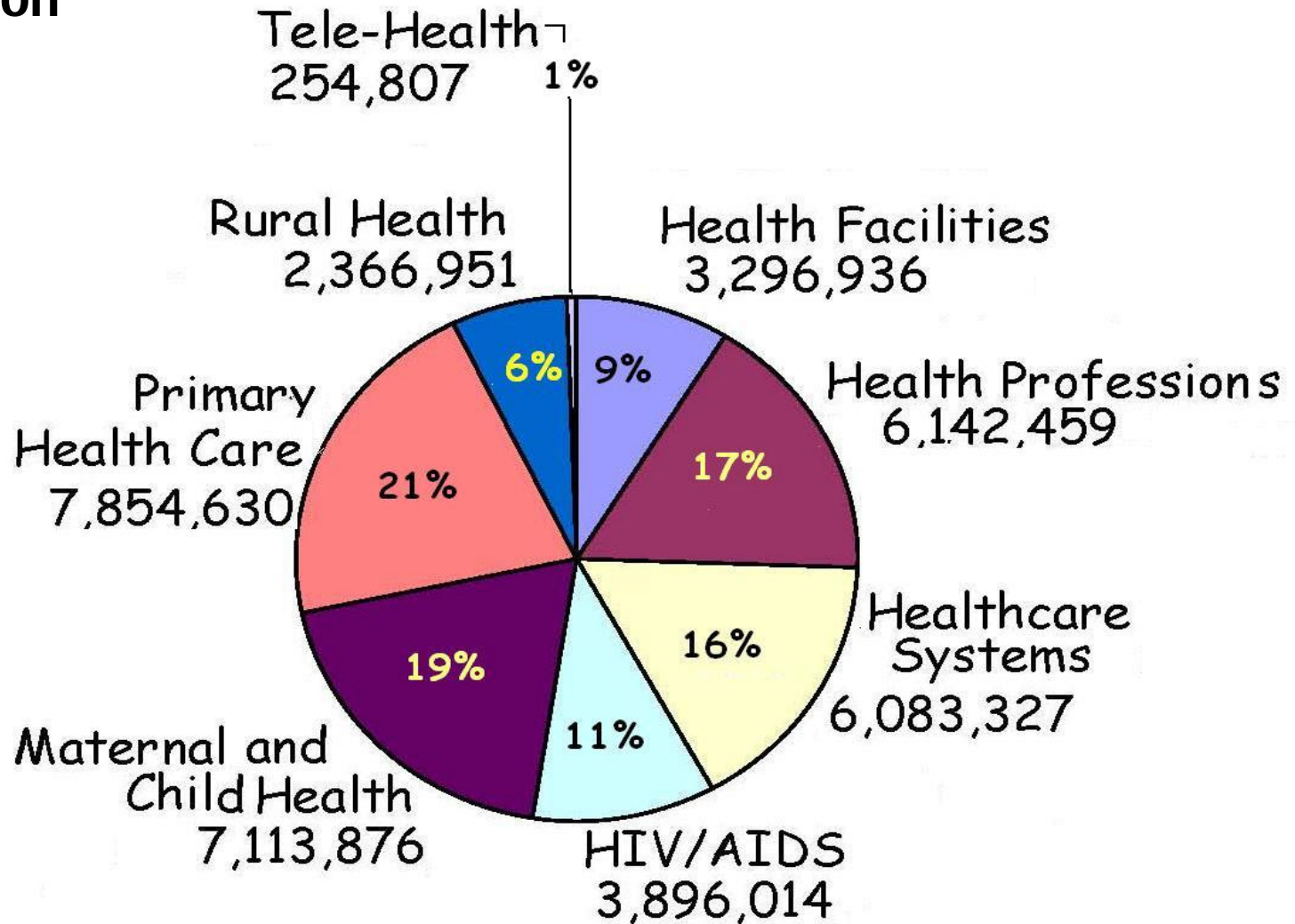
Charitable Health Care Provider Program Grows



Dentists and dental hygienists perform free-dental work on area residents in an assembly line fashion Friday during the first day of the Kansas Mission of Mercy program at the Finney County Fairground. Kansas is the third state to implement the program, along with Virginia and Texas

HRSA Grants to Kansas 2004

37 Million



Monitoring the Safety Net

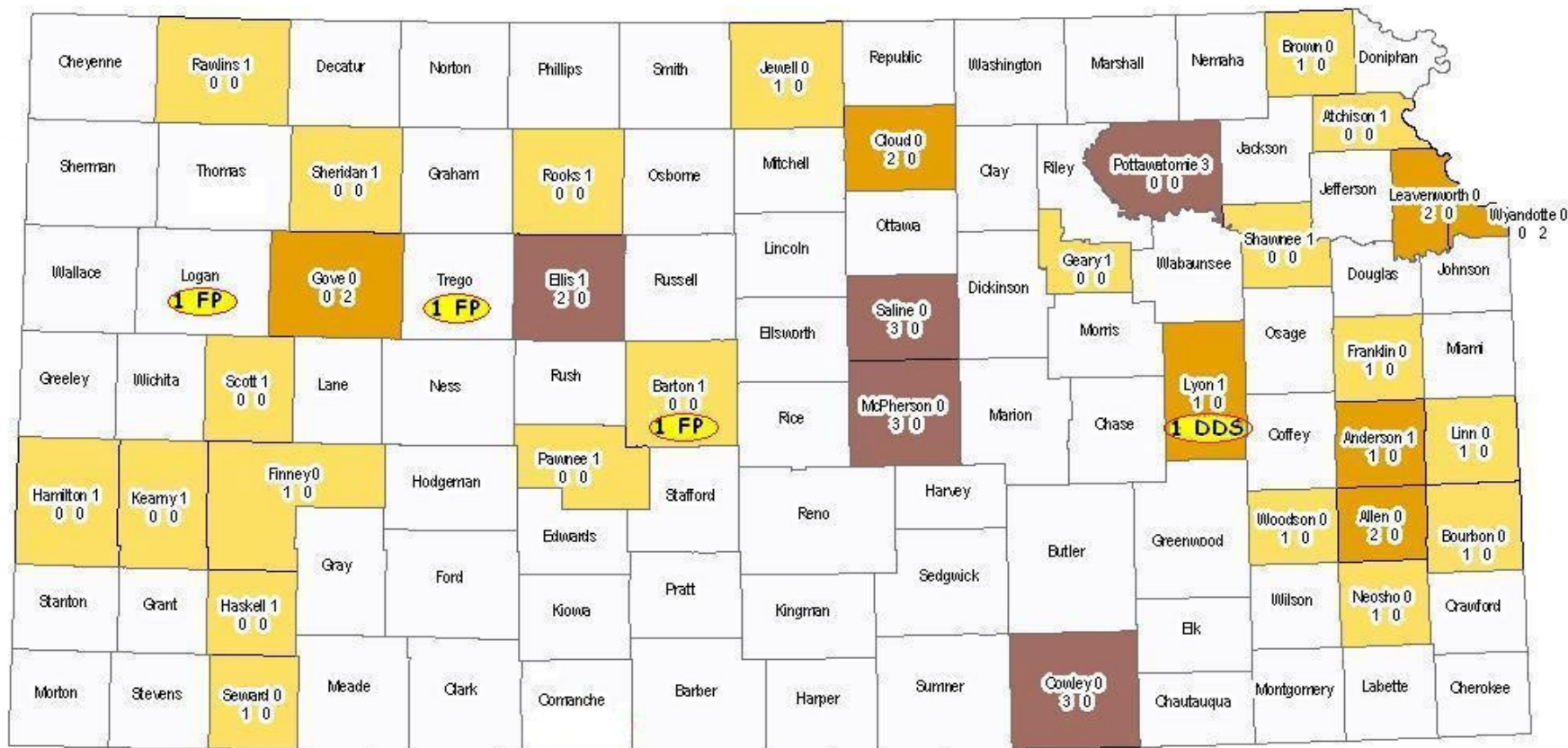
- Defining health care “safety-net”
- Identifying the Safety Net Providers
- Supporting information and referral needs of the population
- Supporting workforce supply and development needs of the safety-net
- Evaluating performance, capacity and stability of the safety-net

Workforce Issues

- Evaluate and obtain federal shortage designations for underserved areas
- Produce Annual Medically Underserved Areas Report
- Assist underserved communities with recruitment and retention resources
- Establish and maintain partnerships to coordinate statewide recruitment activities

National Health Service Corps Members

April 2005



County Name # Primary Care
#Mental Health # Dental

| Total Field Strength | NHSC | SLRP |
|-----------------------------|------|------|
| Primary Care Professionals | 19 | 3 |
| Mental Health Professionals | 30 | |
| Dental Professionals | 4 | 1 |
| Total Field Strength | 53 | 4 |

Health Professional Placements

- One NHSC
- Two NHSC
- Three NHSC
- SLRP

State Loan Repayment Program

- Size of the Program The goal will be to assist ten communities by supporting loan repayment for 10 to 13 primary health care providers.
- Eligible professions: primary care physicians, nurse practitioners, physician assistants, dentists, dental hygienists, clinical psychologists, clinical social workers, mental health counselors, licensed professional counselors, and marriage and family therapists.

Sliding Fee Schedule of Discounts

The following table provides an example of a sliding-fee schedule

EXAMPLE

Sample DISCOUNT - SLIDING-FEE SCHEDULE

| | <100% FPL: ANNUAL INCOME | 100-149% FPL: ANNUAL INCOME | 150-174% FPL: ANNUAL INCOME | 175-199% FPL: ANNUAL INCOME | >200% FPL ANNUAL INCOME |
|--------------------|--------------------------------|-----------------------------|--------------------------------|--------------------------------|----------------------------|
| Discount | 100% | 75% | 50% | 25% | 0% |
| Sliding- Fee | Free care | Pay 25% of Charges | Pay 50% of Charges | Pay 75% of Charges | Pay Full Charges |
| Accounting Code | P₀ | P₁ | P₂ | P₃ | P₄ |

Agency for Health Research and Quality

Workforce and Delivery System Performance

1. Effectiveness
2. Patient Safety
3. Timeliness
4. Patient Centeredness

<http://www.qualitytools.ahrq.gov/qualityreport/state/spf.aspx>



State Snapshot
FROM THE
National Healthcare Quality Report

2004

 
Agency for Healthcare Research and Quality
Advancing Excellence in Health Care • www.ahrq.gov

 **KANSAS**

Recommendations

- Increase the proportion of persons with health insurance
- Increase the proportion of persons who have a specific source of ongoing care
- Increase the number of locations where uninsured low wage families can find a source of ongoing care
- Increase the capacity and stability of the primary care safety-net

Recommendations

- Continue development of efficient models of primary care practice
- Maintain state practice acts that maximize the functioning of primary care teams
- Improve data systems for collecting and assessing medical, nursing, dental and behavioral health professional workforce information and practice characteristics

Recommendations

- Increase career recruitment, training and distribution of under-represented minorities into the health care professions
- Collaborate with stakeholders to monitor and improve access to high quality health care services

For more information:

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